NEWSLETTER AAUW Howard County Branch EWSLETTER AAU

OUR MISSION: To advance equity for women and girls through advocacy, education, philanthropy, and research.

OCTOBER 2019

Hello Members --

We started off the year with an interesting meeting and delicious Potluck Dinner September 10th that included a presentation about opioid addition and the treatments being offered in Howard County. Our Philanthropy Committee is in high gear busily planning our first Tea and HC Women of Achievement Awards that will take place **Sunday, October 27th from 3-5 p.m.** Consider hosting a table so that we can make this a successful fundraiser! Contact Chizoba Ebinama or Debra Wade. See page 3 for more information and contacts.

Macy's has reached out to us regarding our Spring Fashion Show, so we will be following up with them. We still need a Chairperson for the Show. Please contact me if you are interested and we will pull a committee together to help.

Thanks to all of you who have paid your dues (\$82) for the new year that started July 1. For those who haven't, we need you to bring a check to the next meeting, October 10th, or mail a check (made out to *AAUW Howard County Branch*) to Bea Dane at 4050 Hobbs Hill Rd., Glenelg, MD 21737-9522.

Our next branch meeting is on Thursday, October 10th, so make a note of the change. Looking forward to seeing everyone there!

Beth Hayden, President



SAVE THE DATE

Thursday, October 10 7:00 PM Branch Meeting at First Evangelical Lutheran Church,
 3604 Chatham Road, Ellicott City [Note change from usual Tuesday]

✓ Sunday, October 27 3:00 PM Scholarship Tea and Howard County Women of Achievement Awards

✓ Tuesday, November 12 7:00 PM Branch Meeting at First Evangelical Lutheran Church, 3604 Chatham Road, Ellicott City

Sunday, December 8 3:00 PM Holiday Party, Barbara Parker's home

October Program Susan Hailman, Program VP

October Program – Growing Herbs Indoors Thursday, October 10, 7:00 PM First Evangelical Lutheran Church, 3604 Chatham Road, Ellicott City

Isn't it ironic, that as the weather grows chill, and we may be more interested in cooking savory dishes, our outdoor herbs give up the ghost and supermarket herbs become more expensive! Our program for our October 10 meeting (**please note, it's a THURSDAY**) will be given by Master Gardener, Sid Abel who will discuss which herbs are most suitable for indoor cultivation as well as the soil, light and other requirements that make it easy to grow and harvest fresh herbs all winter long. So, claim a sunny window and come learn or re-learn how to bring more zip to your hearty recipes economically. Bring a friend -- this is an age-less topic!!



Advance peek at our Book Bash

Our February Book Bash will once again depend on our diverse and well-read members. Our topic will be "Can't Put It Down" and we'll be asking you to present on a book that kept you on the edge of your seat, compelled you to stay up too late, made you forget to eat your popcorn- you get the idea! It can be a mystery, a thriller, or just really suspenseful. We're looking for 8 presenters to each give a 5-minute summary without spoilers—that's the tricky part! Please contact Susan Hailman <u>shailman@comcast.net</u> if you want to present a book. We might do a brief bibliography if we get too many suggestions

Looking for a Member's Email and Phone Number?

Did you know that our branch has a website and that you can find a membership list there? Go to <u>howardcounty-md.aauw.net</u> and select **Members Only** from the menu line at the top of the page. The password is h0c0MD. Select **Phone/Email List** from the menu on the left side of the page to open up the file. Past issues of the newsletter are also stored on the website.

PHILANTHROPY Chizoba Ebinama, Philanthropy VP

American Association University of Women (AAUW) Howard County Branch

Requests the pleasure of your company at

HOWARD COUNTY WOMEN OF ACHIEVEMENT TEA

The First Annual AAUW Scholarship Tea

The Meeting House, Room 100 5885 Robert Oliver Place Columbia, MD 21045

Sunday, October 27th, 2019, 3:00 – 5:00pm

Honorees:

Sue Song, Korean-American Community Organization Nikki Highsmith Vernick, President and CEO of Horizon Foundation

You are encouraged to wear your best hat! Prizes will be awarded!



Donation \$25

Please RSVP to Chizoba Ebinama 240-264-7824 or chizoe@besthomecaremd.com or Debi Wade 410-531-2072 or deb_wade@yahoo.com by October 7th and tell them which of the following you will do:

- Host a table (see host's responsibilities in file sent with this newsletter)
- Attend the tea \$25 (mail check to Bea Dane)
- Mail a donation to our scholarship fund. Send to Bea Dane, 4050 Hobbs Hill Road, Glenelg, MD 21737-9522. Make check out to AAUW Howard County Branch

Public Policy Bev Fallik and Lucie Geinzer, Co-VPs

At our September 20th meeting, members reported on information gathered from assignments. So far, it seems that neither the County Council nor the Board of Education or its Community Action Council is working on anything related to AAUW priorities. We discovered that Title IX is handled by Anne Ray, the Manager of Equity Assurance. The Committee proposed inviting her to speak to our branch about Title IX in Howard County. We received no response from the Howard County Commission on Women. We will follow up via other sources working on Human Trafficking. We touched on the lack of attention to the cost of higher education by the state legislators and thought about other options like writing an op-ed. We agreed that we were interested in working with MLAW (Maryland Legislative Agenda for Women) on topics important to AAUW such as human trafficking, and salary history as a factor in employment. We will have our regular meeting on October18 (1:30 PM at River Hill Bagel Bin) to plan an agenda and approach for our October 25 meeting with Delegates Atterbeary and Hill.

September Branch Meeting Notes

At the September branch meeting, members enjoyed reconnecting after summer vacation while sharing an array of delicious foods. After dinner, Liesele Wood, Administrator for Prevention, Howard County Department of Health spoke about "The Opioid Crisis and its Impact on Howard County." She presented facts that were new to many. For instance, opioids are all made from the opium poppy. Overdoses are a major problem for older adults; most people start on a pain reliever



that has been prescribed by a doctor after surgery or other procedure and can easily become addicted. Illegal drugs that look identical to the legal version are sold but in place of or in addition to the pain-relieving opioid, contain fentanyl, a powerful drug that can cause an overdose or even death for someone who does not know that the pill has been adulterated. Howard County has put in place measures to combat opioid abuse. Statistics suggest they are starting to have a benefit; deaths are down this year compared to earlier years. Members can help by being ready to administer the antidote naloxone. You can receive a free Overdose Response Kit (pictured above) by visiting the Health Department. Another important step is to remove unneeded medications from your home.

Interest Groups

GREAT DECISIONS

Great Decisions is a foreign policy discussion program.

Two separate groups meet monthly in a member's home:

Evening Group on the third Monday of the month from 7:00 - 9:00 PM; **Daytime Group** on the first Thursday of the month from 1:00 - 3:00 PM.

EVENING GROUP

We will discuss Topic #8. The State of the State Department and American Diplomacy on Monday, October 21, at 7:00 PM. Hostess: TBD Contact: Diane Roca <u>dbroca@comcast.net</u> or 410-964-3523

DAYTIME GROUP

The daytime Great Decisions Group will meet on Thursday, October 3 at 1: pm to discuss Chapter 8, *The State of the State Department and Diplomacy*. We will meet at the home of Inge Stocklin. If you plan to attend, please contact Inge at 301-490-3544 or Ingestocklin @verizon.net Contact: *Lorraine Tropf* Imerdon@verizon.net

ADVENTURES IN DINING

We will be meet at 6:00 PM on Tuesday, October 1, at Leelynn's, Columbia. Contact: Carol Phelps carolmcauliffe@verizon.net

LUNCH BUNCH

The Lunch Bunch will meet on Halloween, October 31st. Costumes are not required but will be welcome! We meet at 11:30 am, Columbia Mall, in Nordstrom's Café. Contact: *Gail Rust* ggrust@verizon.net or 443-864-4189

AAUW READERS

We meet on the third Thursday of the month at the East Columbia Senior Center at 11:00 AM. Lunch at a local restaurant follows the discussion.

2019

- November 21: CLOCK DANCE by Anne Tyler

2020

January 16, 2020: COURTING MR.
LINCOLN by Louis Bayard
March 19, 2020: BORN A CRIME:
STORIES FROM A SOUTH AFRICAN
CHILDHOOD by Trevor Noah
May 21, 2020: Planning Session

Contacts: *Doris Raytkwich* <u>dwhitespring@verizon.net</u> or 301-776-1392 *Barbara Parker* <u>bparker@virginia.edu</u> or 410-796-9019

2019-2020 AAUW Howard County Branch Officers President: Beth Hayden 410-707-2018 bhayden52@aol.com First Vice President: Position open Financial Officer: Bea Dane 410-299-8403 Vice President, Programs: Susan Hailman shailman@comcast.net Vice President, Philanthropy: Chizoba Ebinama 240-264-7824 Co-Vice Presidents, Social: Carol Phelps 410-381-7076; and Connie Palmieri 410-489-5654 Co-Vice Presidents, Secretary: Jean Parr 410-381-6351 Co-VP position open Vice President, Education: Suzanne Soules 410-872-8603 Co-Vice Presidents, Public Policy: Bev Fallik 301-596-6208 and Lucie Geinzer 410-978-8310 Vice President, Membership and Diversity: Debra Wade 410-531-2072 Vice President, Communications: Diane Roca 410-964-3523 Fashion Show Chair: Position open Website Manager: Position open Adventures in Dining: Carol Phelps 410-381-7076 AAUW Readers: Doris Raytkwich 301-776-1392 and Barbara Parker 410-796-9019 Great Decisions: Daytime - Lorraine Tropf 301-617-2785 Evening - Diane Roca 410-964-3523 Lunch Bunch: Gail Rust 443-864-4189 Hand Crafters and Movies: Anne Tarantino 410-740-1285

2019-2020 Branch Calendar

OCTOBER

- 1 -- Adventures in Dining @ 6:00 pm, Leelynn's, Columbia
- 3 -- Great Decisions @ 1 pm; The State of the State Department and American Diplomacy
- 10 <u>Branch Meeting</u> @ 7:00 pm. NOTE change from usual Tuesday date. 1st Evangelical Lutheran Church
- 15 -- Board Meeting @ 7 pm; Beth's House
- 18 -- Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 21 -- Great Decisions @ 7pm, The State of the State Department and American Diplomacy
- 27 Tea and Howard County Women of Achievement Awards @ 3:00 pm
- 28 AAUW Maryland Fall Meeting, Baltimore
- 31 -- Lunch Bunch @ 11:30 am; Nordstrom's Café

NOVEMBER

- 5 -- Adventures in Dining @ 6:00 pm, Columbia Ale House
- 12 -- Branch Meeting @ 7 pm; 1st Evangelical Lutheran Church
- 15 Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hil
- 19 -- Board Meeting @ 7 pm; Place TBD
- 21 -- AAUW Readers @ 11 am; E. Columbia Sr. Ctr
- 21 -- Lunch Bunch @ 11:30 am; Nordstrom's Café
- 23 MLAW Conference, Chesapeake Arts Center in Brooklyn Park, Maryland
- TBD Tino's Bistro Fundraiser all day; Columbia
- TBD- Start Smart

DECEMBER

- 3 -- Adventures in Dining @ 6:00 p.m.; King's Contrivance
- 8 -- Holiday Party & Silent Auction, 3:00 5:00 PM Barbara Parker's Home
- 17 -- Board Meeting @ 7 pm; Place TBD

JANUARY 2020

- 7 -- Adventures in Dining Place TBD
- **11** League of Women Voters Legislative Luncheon 9 AM-noon, St John's Episcopal Church 9120 Frederick Road, Ellicott City.
- 16 -- AAUW Readers @ 11:00 am; E. Columbia Sr. Ctr
- 17 -- Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 21 -- Board Meeting @ 7 pm Place TBD
- 20 -- Great Decisions @ 7 pm
- 26 Women's Legislative Briefing, Montgomery County Commission for Women, Place TBA
- 30 -- Lunch Bunch @ 11:30 am; Nordstrom's Café

FEBRUARY

- 4 -- Adventures in Dining Place TBD
- 6 -- Great Decisions @ 1 pm
- 17 -- Great Decisions @ 7 pm
- 18 -- Board Meeting @ 7 pm; Place TBD
- 21 -- Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 27 -- Lunch Bunch @ 11:30 am; Nordstrom's Café
- TBD <u>Book Bash</u>, Union Jack's

MARCH – Women's History Month

- 3 -- Adventures in Dining Place TBD
- 5 -- Great Decisions @ 1 pm
- 10 -- Branch Meeting @ 7 pm; 1st Evangelical Lutheran Church
- 16 -- Great Decisions @ 7 pm
- 17 -- Board Meeting @ 7 pm; Place TBD
- 19 -- AAUW Readers @ 11 am; E. Columbia Sr. Ctr,
- 20 -- Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 26 -- Lunch Bunch @ 11:30 am; Nordstrom's Café
- 21 AAUW Maryland Annual Convention, Hosted by Anne Arundel County Branch
- TBD Girl Power @ John's Hopkins Applied Physics Lab
- TBD -- Diversity Event

APRIL

- 2 -- Great Decisions @ 1 pm
- 7 -- Adventures in Dining Place TBD
- 14 -- Branch Meeting @ 7 pm; 1st Evangelical Lutheran Church
- 17 -- Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 20 Great Decisions @ 7 pm
- 21 Board Meeting @ 7 pm; Place TBD
- 30 -- Lunch Bunch @ 11:30 am; Nordstrom's Café
- TBD-- Fashion Show @ Residences at Vantage Point
- TBD -- HCC STEM Festival

MAY

- 5 -- Adventures in Dining Place TBD
- 7 Great Decisions @ 1:00 pm
- 15 Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 18 -- Great Decisions @ 7 pm
- 19 -- Board Meeting @ 7 pm; Place TBD
- 21 -- AAUW Readers @ 11 am; E. Columbia Sr. Ctr, planning meeting for 2020-21
- 28 -- Lunch Bunch @ 11:30 am; Nordstrom's Café
- **TBD- Branch Salad Supper** @ 6:30 pm; 1st Evangelical Lutheran Church; install officers; meet scholarship winners

JUNE

- 2 -- Adventures in Dining Place TBD
- 4 Great Decisions @ 1:00 pm
- 15 -- Great Decisions @ 7 pm
- 16 -- Board Meeting @ 7 pm; E. Columbia Library
- 19 Public Policy Meeting @ 1:30 pm; Bagel Bin, River Hill
- 25 -- Lunch Bunch @ 11:30 am; Nordstrom's Café