# AAUW Howard County Branch EWSLETTER AAUW Howard County (MD) Branch

OUR MISSION: To advance equity for women and girls through advocacy, education, philanthropy, and research.

June/July 2015

### CALENDAR

June

Adventures in Dining June 2, 6:30pm Langermann's in Baltimore

New Member Orientation June 3, 7pm East Columbia Library

Howard County STEM Fair June 7 Howard Community College

Branch Meeting – Salad Supper and Desserts with the Board June 9, 6:30pm Ellicott City Senior Center

Great Decisions June 15, 7pm Zeli Castella's Home

Joint Board Meeting (Incoming and Outgoing Boards) June 16, 7pm

Savage Branch Library

Improving Your Health Decade by Decade June 17, 6pm – 7:30pm David's Natural Market Café

Lunch Bunch June 25, 11:30am Nordstrom Café, Columbia Mall

#### July

Adventures in Dining

July 7, 6:30pm Nick's Seafood in Baltimore

Board Meeting (New Board) July 21, 7pm Miller Library

Lunch Bunch July 30, 11:30am Nordstrom Café, Columbia Mall

#### August

Board Meeting August 18, 7pm Location TBD

#### A MESSAGE FROM THE PRESIDENT

As the first year of my two year term comes to an end, I want to thank the Board and all the members for your support. It has been a great year! We raised money for scholarships, educated young women and men by our participation in STEM and Equal Pay Day events, educated ourselves by hearing from outstanding speakers at our Branch meetings, and made new friends by joining our many interest groups.

Our Branch has agreed to hostess the 2016 AAUW State Convention on April 30, 2016. Diane Roca has accepted the open position of 1st VP for the remainder of the current term through June 2016, and will be leading the committee for the State Convention. Please help her by signing up for the committee at the June 9<sup>th</sup> Salad Supper (see the flyer in this newsletter for info on the event). Let's make it one of the best that the State has seen!

There are still two Board positions open: VP, Advocacy (Public Policy) and VP, Philanthropy. If you are willing to take one of these positions, your National Dues of \$49 will be waived (you'll still pay \$13 branch and \$10 State dues). You will be joining an active and enthusiastic Board and the prior VP's will be happy to help you. I am planning on doing a couple of "virtual e-mail" Board meetings through the year, and we do not meet in December – this will cut down on the number of evening meetings to attend. Please contact me if you are interested.

We will be holding a raffle at the Salad Supper on June 9<sup>th</sup> for three free National memberships. You must have renewed your dues before or at the Salad Supper to be included. If you are a winner of the raffle, \$49 of your \$72 dues will be refunded to you. A dues renewal form is included in this newsletter for your use.

The Diversity Committee has been busy planning some exciting events for us. On Wednesday, June 17, a free Nutrition Workshop will be held at David's Natural Market. All the info is on page 7 of this newsletter. Also, SAVE THE DATE for our first annual Diversity Event to be held on October 3<sup>rd</sup> in the evening at the Oakland Mills Interfaith Center.

Although we don't have Branch meetings over the summer, we still have Dining Out, Lunch Bunch, Reader's group and maybe some movie outings. Our Board also meets to strategize and plan for the next year.

Let us bid farewell to long time member Emma Pope, who is moving to California. She is hoping to find an AAUW branch to join out there. Safe travels, Emma! You will be missed by the Howard County branch.

I'm looking forward to an exciting 2015-16 year and hope you will all be joining me!

Bea Dane, President



http://www.howardcounty-md.aauw.net Editors: Candace dePass & Josie Thompson

# **Upcoming Events & Membership News**

#### Adventures in Dining



We will be traveling to Langermann's on Boston Street in Baltimore on **Tuesday, June 2**. On **Tuesday, July 7**, we plan to go to Nick's Seafood which is on the water in Baltimore. Emails will be sent out beforehand for each event. For carpool details or for more information, please contact Carol Phelps at carolmcauliffe@verizon.net.

Carol McAuliffe Phelps, Chair, Adventures in

June Meeting Dining

Join us on **Tuesday**, **June 9** at 6:30pm at the Ellicott Senior Center (new building) for our annual potluck salad supper.

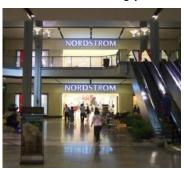
This is an opportunity to socialize with friends and learn what is going on in AAUW Howard County.

The delicious variety of salads will be followed by desserts provided by the committee chairs. You will be able to learn more about the committees' activities and sign up to participate. Please see the separate flier for more details.

Caroline Tunison, VP, Social

#### Lunch Bunch

The Lunch Bunch will meet on **Thursday**, **June 25 and Thursday**, **July 30**, in Nordstrom's Cafe at 11:30am, Columbia Mall. All members are welcome and we look forward to seeing you there.



#### Great Decisions

Great Decisions is a foreign policy discussion program. Meetings are held on the third Monday of the month from 7pm – 9pm at members' homes. Before the meeting, we read material about the month's topic in the *Great Decisions Briefing Booklet*, published by the Foreign Policy Association. At the meeting, our discussion is based on questions in the book. You may purchase a copy at www.fpa.org.

Next Meeting - **Monday, June 15**, at 7pm at the home of Zeli Castella. Topic #5, U.S. Policy Toward Africa

#### Future Meetings

No meetings in July and August

September 21: Syria's Refugee Crisis

**October 19**: Human Trafficking in the 21<sup>st</sup> Century

**November 16**: Brazil's Metamorphosis

If you are interested in learning more about Great Decisions, contact Diane Roca at <u>dbroca@comcast.net</u> or <u>410-964-3523</u>.



Gail Rust, Chair, Lunch Bunch

#### Membership Renewals

If you have already renewed -THANK YOU! If you have not yet renewed, please give your check to Carol Phelps at the June 9 branch meeting. You may also renew by mailing your check directly to Carol Phelps, 6680 Star Path Columbia, MD 21045 or online at <u>www.aauw.org</u>. Our branch renewal form is attached to the newsletter for your use.

#### **New Member Orientation**

This session, scheduled for **Wednesday, June 3**, 7-8:30pm, will include prospective members, as well as new members who want to learn more about AAUW Howard County. The

Iocation for the meeting has changed to the East Columbia Library, 6600 Cradlerock Way Columbia, MD. This location is able to accommodate all our new members and the more than 10 prospective members who responded positively to our recruitment efforts at WomenFest. If you know someone interested in joining, please take this opportunity to invite them to learn more about AAUW Howard County.

#### Membership Committee Meeting

We will be scheduling a meeting for the members of the committee to catch up and brainstorm ideas for our next fiscal year. Details to follow. Questions or concerns may be directed to Membership Co-VPs, Kathy Schofield at <u>aauwhckathy@gmail.com</u> and Rhonda Tomlinson at <u>aauwhcrhonda@gmail.com</u>.

Kathy Schofield and Rhonda Tomlinson, Co-VPs, Membership

# You Are Invited!

AAUW Howard County Branch Annual Potluck Salad Supper and Dessert with AAUW Board Members June 9, 2015 6:30 pm Ellicott City Senior Center (new building)



Sample and enjoy numerous salads and desserts Hear from Board members about AAUW activities and committees Seize the opportunity to support AAUW by joining the committees Be part of a positive upward looking organization **Prospective members are welcome!** 

## Please sign up as follows, to participate in the fun:

Board members bring desserts! Last name begins with A - J, bring an entree salad (i.e. chicken, tuna, etc.) Last name begins K - S, bring a side salad (i.e. potato, pasta, fruit, bean, etc.) Last name begins T - Z, bring a green salad (i.e. Caesar, spinach etc.)

Important note! All dishes should serve 8 – 10 people. Please bring your own serving utensils.

Please RSVP to Caroline Tunison (301) 346-1750 or <u>redcat1977@verizon.net</u> by Saturday June 6. Please let us know your choice of salad or dessert



#### **Roster of Committees**

#### Philanthropy

Supports AAUW's mission by taking a leadership role in fund raising programs to ensure that the branch has funds to carry out its programs. And to ensure that the membership is informed about the allocation of the funds.

#### **Cultural Activities**

Researches the variety of cultural activities that can be enjoyed by members. Suggestions are welcome from members. The committee members share the responsibility for coordinating and communicating the various events that are scheduled throughout the year.

#### Advocacy

Supports AAUW's mission through proactively seeking ways to inform the membership about local, state and national issues related to women. This includes communicating information on policy issues to members.

#### Education

Supports AAUW's mission through sharing information on the branch's educational programs and getting involved in educational issues at the local level. Projects include: scholarships for Howard Community College students and coordinating practice SAT and ACT exams for community students preparing for entry into college.

#### Diversity

Supports AAUW's mission advocating that no barriers will exist to full participation in the organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

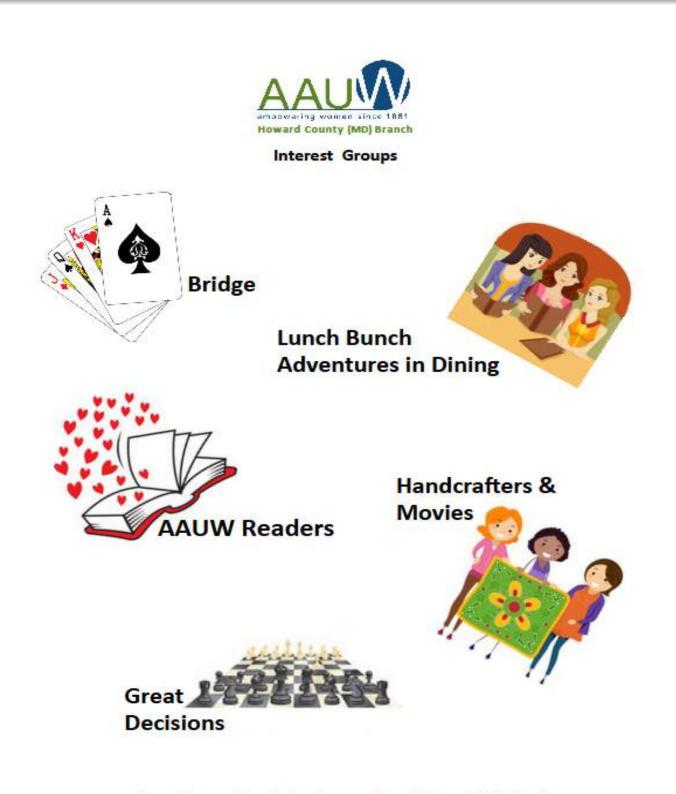
#### Membership

Supports the AAUW mission by actively seeking new ways to recruit new members. The committee is responsible for leading member retention efforts and encouraging members to participate in branch activities.

#### Social

Supports the branch activities by providing a friendly environment for members who attend events.

The American Association of University Women (AAUW) is the nation's leading voice promoting equity and education for women and girls. Since our founding in 1881, AAUW members have examined and taken positions on the fundamental issues of the day—educational, social, economic, and political.



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# MEMBERSHIP RENEWAL FORM (THROUGH 6/30/2016)

I would like to renew my membership in the AAUW Howard County Branch for 2015-16

Name:
Address:
City:
State and Zip:
Telephone:
Email address:
College/University:
Degree(s) earned:
Major(s):
Career/ Job/ Retired:
Interests:

Dues are \$72 for 2015-2016 (Branch - \$13; State - \$10; National - \$49). \$46 is tax deductible.

*Please send this form and check for dues (made out to AAUW – Howard County) to: Carol Phelps, Treasurer AAUW Howard County 6680 Star Path Columbia, MD 21045* 

#### AAUW Diversity Committee Present "Improving Your Health Decade by Decade" Nutrition Workshop

Date: Wednesday, June 17, 2015

**Time:** 6:00 - 7:30 p.m.

Location: The Café in David's Natural Market The Shoppes at Wilde Lake 5430 Lynx Lane, Columbia, MD 21044

**RSVP By**: June 10, 2015 (space is limited)

You can phone, text or email Shigeyo Ibrahim 410-707-6230 shibrahim25@gmail,com

\*\* Refreshments will be served \*\*

#### Presenter:

Courtney Carpenter is the Certified Nutrition Specialist<sup>SM</sup> for David's Natural Markets. She has been working in natural food stores as a consultant since 1983. She has a Master of Science degree in Human Nutrition Science from The University of Bridgeport and a Bachelor of Arts degree from The College of William and Mary in Virginia.

Currently, she provides nutrition information and counseling for the patrons of David's Natural Markets in Columbia, Gambrills and Forest Hill, Maryland. Ms. Carpenter also provides individual nutrition consultations through her private practice.

Ms. Carpenter is also the Treasurer of the Maryland Nutritionists Association, whose goal is to promote the practice of member nutritionists and herbalists throughout Maryland, Virginia and Washington, DC.

Contact Information:

You may contact Courtney directly via email at <u>focusonfood@gmail.com</u>.

Credential Information:

Certified Nutrition Specialist #16089 Certified Nutrition Specialist is the Service Mark of the Certification Board of Nutrition Specialists (Please see <u>http://cbns.org/about/</u> for more information.)

#### \*\* Save the Date \*\*

#### **Diversity Committee First Annual Event "Celebrating Diversity"**

Date:October 3, 2015Time:6:00 - 8:30 p.m.Location:Oakland Mills Interfaith Center Meeting House<br/>5885 Robert Oliver Place<br/>Columbia, Maryland 21045Featuring entertainment, food, dancing, a fun evening for the entire family! Details coming soon.

# **Looking Back**



## Equal Pay Day at HCC

Once again, we had a very successful time talking with students, faculty and staff at Howard Community College's Wellness Fair on Tuesday April 14. Schnell Reed Garrett, who is Associate Director of Student Life at Howard Community College and an AAUW member, was crucial in getting us involved and as usual provided a wide variety of information sheets and a marvelous poster. In the photo, Schnell and Connie Palmari are setting up the table before the onslaught of students. Literally the students and faculty/staff never stopped coming to the table. We distributed 70 booklets to the ladies, and about 30 sheets I composed on how Equal Pay affects guys too and how to negotiate for a better first salary.

Our focus was to be positive. We cited some reasons for the disparity, one being accepting a low first salary. Then we gave them hints for negotiating the first job salary using tools such as salary.com to determine the range of salary by field and location. The students were really attentive, and two were going for interviews that day. Since HCC is a partner with our chapter, full time students may sign up for a free E-Student Affiliate membership, and a couple asked more about it.

Pat Reber, VP, Advocacy

#### Scholarship Recipients

With the help of Maureen Marshall with Career Links at HCC the Howard County Branch selected two students from HCC to attend the National Conference for College Women Student Leaders (NCCWSL) at the end of May at UMD College Park. The students were:

**Hanna Welsh**, a student in the Diagnostic Sonography program and **Tyra Courts**, a Criminal Justice major. They joined nearly 1,000 college women from every state and from around the world for workshops and speakers that helped them develop their leadership skills. We're certain that these two ladies will take full advantage of all the conference had to offer.

Maureen also helped us select two students for our four-year college



transfer scholarships. These women will be graduating from HCC this year and moving on to four-year Colleges or Universities. These women have demonstrated excellent academic achievement while at HCC and great promise for success at a four-year institution. We will provide a one year \$2000 scholarship to each student, once they have officially enrolled at their College/University of choice. The students are:

**Aisha Banks**, a Business major, professional makeup artist and budding entrepreneur. She plans to attend either UMBC, UB or UMDCP.

**Jennifer McLaughlin**, a sociology and Public Policy major, and part of the Frederick P. Schoenbrodt Honors Program at HCC.

All four students and Maureen were invited guests for our May Brunch at Union Jacks so we were able to meet them and hear all about their plans for the future.

You will also remember that we have partnered with Generation Hope to support Daenielle Loyola with a scholarship for her studies at HCC. We had a report on her progress during her first year at HCC and she is doing great. She is studying Engineering while working part time and raising her 1-year-old son Danell.

#### From Philanthropy

It has been great fun being the Philanthropy Co-Chair for the last two years. I will continue with Kathy McCarthy to run the fashion show next April, but the other philanthropy projects will go to a new chair who has not yet been named. If you are interested and have some new ideas, please contact Bea Dane.

As you are cleaning out your closets in the upcoming summer months, keep in mind that the fashion show accessories sale always needs name brand handbags, scarfs, and costume jewelry. Just email me and we can arrange a pickup. Remember, most of our scholarship funds come from the fashion show and accessory sale proceeds. Thanks again for all who helped at the show and who bought tickets and attended this year.

I will be unable to attend the salad supper this year, but if you are interested in joining the fashion sale committee for 2016, please email me at pmcgloth@aol.com.

Phyllis McGlothlin, Co-VP, Philanthropy

#### **Incoming Officers**

The incoming officers for the 2015-17 term were installed on Saturday, May 16. President Bea Dane gave each new officer an English New Year cracker to symbolize the beginning of their year of service.

Kneeling; Laetitia Messi - Co-VP, Communications Standing from left: Grace Aderogba-Olaiya - Co-VP, Communications; Jean Parr -



Co-VP, Secretary; Caroline Tunison -Co-VP, Social; Donna Levinson - Co-VP, Secretary; Carol Phelps - VP, Finance; Connie Palmieri - Co-VP, Secretary; Kathy Schofield - Co-VP, Membership. Not present - Gail Burke, Co-VP, Social

Outgoing officers (not pictured) were

also honored with a certificate of appreciation and a small AAUW gift. Outgoing officers of the 2013-15 term that were present, were Phyllis McGlothlin, Carol Phelps and Caroline Tunison. A huge thank you to all the other outgoing officers: Kathy McCarthy, Pat Reber, Stashia Goray, Dottie Mallerich, Candace dePass, and Josie Thompson.

Bea Dane, President

Deadline for the August newsletter is July 24. Please send items to Grace Aderogba-Olaiya at gaderogba@hotmail.com and Laetitia Messi at laetitia004@gmail.com.

2014-2015 AAUW Howard County Branch Officers

> President Bea Dane 410 299-8403 1st Vice President Diane Roca 410-964-3523

**Financial Officer** Carol Phelps 410-381-7076

Vice President, Programs Karen Ownbey 410-258-7743

Co Vice Presidents Philanthropy Kathy McCarthy 410-465 4831 Phyllis McGlothlin 301-490-7328

Vice President, Social Caroline Tunison 301-497-8688

**Co Vice Presidents, Secretary** Stashia Goray 240-381- 3471 Dottie Mallerich 410-461-2726

Co Vice Presidents, Education Amy Robinson 410-740-1084 Pam Savage 410-599-2312

Vice President, Advocacy Pat Reber 410-740-2453

Co Vice Presidents, Membership Rhonda Tomlinson 240-475-1656 Kathy Schofield 443-691-0131

Sunshine Chair Janet Hoch 301-725-1807

Co Vice Presidents, Communications Candace dePass 240-355-2895 Josie Thompson 410-992-8019

Cultural Co Chairs Jean Salkeld 410-992-4198 Emma Pope 410-997-7688 Roberta Rood 410-461-0017

Diversity Chair Shigeyo Ibrahim 410-730-4548

Website Manager Schnell Reed Garrett 443-518-4109

Adventures in Dining Carol Phelps 410-381-7076

AAUW Readers Lorraine Tropf 301-617-2785 Doris Raytkwich 301-776-1392

Great Decisions Diane Roca 410-964-3523

Hand Crafters and Movies Anne Tarantino 410-740-1285

> Lunch Bunch Chair Gail Rust 443-864-4189 Bridge

Karen Tang 410-531-0619 Laura Wilson 219-688-8261